

Belly Dance Weekend Retreat

“...an all-round stunning girl's weekend away”



Phoenix Belly Dance Retreat Registration Form 11th-13th November 2016

The Belly Dance Retreat is an incredible weekend full of thrilling workshops, making new belly dance friends, non-stop fun and activities, relaxation time, and a stunning weekend away at our new location, the spectacular Bella Rakha Retreat Centre just 25 minutes from Auckland Central! The venue is surrounded by nature, facilities are lovely and inviting with comfortable one or two sleeper rooms, spacious workshop rooms and brand new kitchen and dining facility. The venue plays host to several local artists and sculptors, and has a massive Frisbee golf course!

This year, if you're into performing in a big way, if you love fusion and experimenting, or just amazing high quality technique, you're in for a real treat. Our guest of honour this year is the fabulous Anasma, who specialises in liquid fusion and creative performances. We have one master class with her on the Friday, but register quickly because spaces are limited.

Date and Times: 5pm Friday 11th November - 3pm Sunday 13th November
Venue: Bella Rakha Retreat Centre (581 West Coast Road, Oratia)
Cost: Prices below are all inclusive per person for **full weekend** of accommodation, dinners and platters, belly dance workshops, entertainment, and activities.

Pricing Options:

RETREAT PRICES	VERY Early Bird by 31 Jan	Early Bird by 30 Apr	Regular Price after 30 Apr
Twin Share (2 people)	\$500pp	\$550pp	\$600pp
Single Room (limited spots)	\$650pp	\$700pp	\$750pp

OPTIONAL EXTRAS for Retreat Attendees	VERY Early Bird by 31 Jan	Early Bird by 30 Apr	Regular Price after 30 Apr
1 Extra Workshop with Anasma	\$90	\$100	\$120
2 Extra Workshops with Anasma	\$150	\$170	\$190
Friday afternoon Master Class (Advanced Dancer Workshop) with Anasma (limited places available)	\$100	\$120	\$140
1 Hour Massage (only 3 spots available)	\$90	\$90	\$90
Linen	\$15	\$15	\$15

Prices include:

- 2 nights' accommodation (including bedding but not linen)
- Middle Eastern inspired dinners and 2 snack platters per day (healthy and decadent options available!)
- 1 workshop with our international guest teacher and some of NZ's acclaimed belly dance teachers!
- Performance opportunities, games, activities, parties, and entertainment!

Dancing

There will be ample opportunities for you to dance, watch our teachers and other guests perform, and show off your improvisation skills. It's going to be heaps of fun, whether you'd prefer to sit back and enjoy being entertained or if you'd like to share your dance with us! This is one of the most encouraging environments to perform, so feel free to perform no matter what your experience level!

- We invite you to take part in the Performance Night! Send your music ahead of time if you'd like to present an item or two. Group and solo items are welcome, as are works in progress!

Activities

We will have loads of silly, fun, and challenging games and activities throughout the weekend to look forward to, such as:

- Morning stretch classes to ease into the day
- Brush up on your knowledge for the Belly Dance Quiz Night
- Meditation time!
- Hot Topics! Belly Dance discussion panel
- Our famous Belly Dance Amazing Race!
- Optional extra: 1 hour Full Body Massage (\$90), limited spots
- Surprise activities... and much more!

Workshops

This year, you will get the chance to learn from our 2016 retreat keynote teacher... Fusion fanatics and improvimps rejoice, because this year's teacher is going to be... ANASMA. Anasma is a versatile and complete artist: dancer, choreographer, Oriental Fusion master teacher, Yoga Teacher, singer, song writer, artistic director and producer. Drawing from her cross-training in academic, ethnic & urban dances, acting, pantomime, yoga, martial arts..., Anasma focuses on making dance meaningful and touching through storytelling, character development, truthful emotions and aesthetic powerful movement. She is recognized by her peers for her wild creativity, great expressiveness, constant risk taking and pushing the envelope.

Updates will be sent confirming workshop topics and teachers. There will generally be two streams of workshops, including technique/style/choreography workshops, and also theory and discussion based workshops to broaden our knowledge. A final schedule of workshops and teachers will be emailed before the Retreat.

Meals

Two wonderfully prepared Middle Eastern-inspired dinners will be provided for all dancers to fill their bellies after the days' fun, and snack platters will be provided twice a day during the day between activities. Please pack your own lunches, breakfasts and drinks for the

weekend. (We have structured it this way to help you create savings by supplying some of your own meals).

Extra Workshops

There will be 1 workshop with master teacher, Anasma, included in the Retreat package price, as well as 5 other workshops to choose from with national NZ teachers. For extra workshops with Anasma, please see the prices listed below under Extra Workshops.

Once you have registered, you will receive a detailed information pack a few weeks before the Retreat. This will include travel information and maps, a suggested packing list, daily schedule, and any other final details. Please let us know if you would like to share accommodation with any attendees in particular, and we will do our best to make it happen.

Please let me know if you have any questions, I'll be happy to hear from you!
Hugs and shimmies,

Candice / 0211704183 / phoenix.candice@gmail.com

Registration Form

Registration Forms can be scanned and emailed to phoenix.candice@gmail.com or posted to 40/8 Flynn Street, Birkdale, Auckland 0626

Yes!! Sign me up! I can't wait!!!

First Name:	
Surname:	
Dance Name:	
Address:	
Mobile:	
Home Number:	
Work Number:	
Email:	
Skill/Experience Level:	Beginner / Intermediate / Advanced / Professional / Teacher
Your dance studio / teacher's name:	
I heard about the Belly Dance Retreat from:	
Dietary Needs (if any):	Vegetarian / Gluten Free/ Other (please specify - we will do our best to accommodate you!)
Would you like to request any specific roommates?	Friend's Names:
Do you have any health considerations you would like to alert us to?	
Emergency Contact Person and Number:	

Retreat Fees: Please make payment to the following Bank Account: National Bank account Phoenix Belly Dance ; Account number: 06 0115 0290263 00 Reference: Retreat-Surname, Name	VERY Early-Bird, by 31 Jan	Early-bird by 30 Apr	Regular Price after 30 Apr
Twin Share (2 people)	\$500pp	\$550pp	\$600pp
Single Room (limited spots)	\$650pp	\$700pp	\$750pp

Extra Workshops: (please highlight)	VERY Early-Bird, by 31 Jan	Early-bird by 30 Apr	Regular Price after 30 Apr
1 Extra Workshop with Anasma	\$90	\$100	\$120
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Friday afternoon Master Class (Advanced Dancer Workshop) with Anasma (limited places available)	\$100	\$120	\$140

Optional Extras: (please highlight)	1 Hour Full Body Massage (only 3 spots available)	\$90.00
	Linen (towel and sheet set)	\$15.00
Total:	\$	
Deposit paid:	\$ (minimum \$100 deposit to confirm booking)	
Balance Due:	\$ (balance due by early bird dates to qualify for discounts, or if paying normal rate, by 15 th September 2015)	
Special Requests?		

Would you like to present an item (or two) at the performance night?	Yes / No	You are welcome to send this specific performance info and music closer to the time. Type of performance: Solo/Duet/Group Style of performance: Music (please email a copy at least 4 weeks before the Retreat): Length:
Questions/Comments:		

To attend, please read and accept the following Terms and Conditions, and sign please

To attend, please read and accept the following terms and conditions when filling out the registration form.

I have read the detailed information about the Phoenix Belly Dance Retreat. I understand that I am responsible for my own travel arrangements to and from the retreat. I understand that I will receive additional information from Candice before the Retreat regarding logistical and other details.

REFUND POLICY: I understand that the \$200 deposit is non-refundable if I cancel my participation before making final payment. All other money paid is refundable if the Retreat is cancelled due to unforeseen circumstances. If I have to cancel my own attendance I have the option to find a replacement for my spot and be reimbursed, or forfeit any payment I have made for the weekend.

IMPORTANT for discounts: As a VERY Early Bird and Early Bird participant I acknowledge that I am saving money. In the event that there is an unpaid balance after Early-Bird closing dates the total cost will revert to the next discounted rate or the original price. If I am billed the normal price I acknowledge that this amount is to be paid by no later than 30th September 2016. The total balance and due dates depends on my accommodation and other choices.

Hold Harmless Clause: I assume all risks and hazards incidental to my participation in this retreat, and do hereby waive, release, absolve, indemnify and hold harmless Candice Frankland / Phoenix Belly Dance / Bella Rakha Retreat Centre for any claim arising out of injury to myself or others, personal loss, or death. I have read and agree to the conditions of the statements in this form.

I understand and acknowledge that at the Phoenix Belly Dance Retreat I will be treated like a responsible adult. As such, I will be expected to be aware of the nature of our activities, to be aware of my own physical conditions and limitations, and to take full responsibility for my own actions and participation in all activities. I will be mindful of my own safety and the safety of others in the group. I understand that Candice Frankland /Phoenix Belly Dance does not provide medical or accident insurance coverage or insurance for loss of personal property and that I am responsible for this.

Print Name:

Date:

Participants Signature:

Commitment Statement

Phoenix Belly Dance promises to deliver their very best creative, worthwhile retreat aimed to delight, inspire and increase a deeper understanding and enjoyment of the art of belly dance, and the chance to foster friendships with dancers from all walks of life.

A handwritten signature in black ink, appearing to be 'Candice Frankland', written in a cursive style.